

Yerba Buena

Yerba Buena, is a creeping flat perennial that can spread to 3' but is easily held to 1'. Yerba Buena is found in woods near coast and coast ranges from Los Angeles to British Columbia. Prefers shade and moisture. Its leaves are used for a refreshing tea. A good ground cover without being aggressive, easy to keep small. The stems grow across the ground not with rhizomes.

Blooms appear in these approximate colours: **Anti-flash white**.

Yerba Buena is a **flowering semi-edible herb perennial**, it will last at least up to several years in its native climate.

Normally grows with a ground covering habit.

How to grow Yerba Buena

Yerba Buena needs a moderate amount of maintenance, so some level of previous experience comes in handy when growing this plant. Ensure that you are aware of the soil, sun, ph and water requirements for this plant and keep an eye out for pests.

This plant info is provided by the myfolia gardener's wiki. All details about Yerba Buena have been kindly provided by our members.

Yerba Buena usually grows in shade as an understory plant, In its native range rainfall can occur from 15" up to 70". Will grow in pots.

Cannot handle competition. Plant with upright plants without competition from other ground covers. Good under trees or between pavers where can grow by itself.

Enjoys a **full shade / dappled sun** position in your garden and remember to **water very sparingly**. Keep in mind when planting that Yerba Buena is thought of as **very hardy**, so this plant will tend to survive through freezing conditions.

Transplanting Yerba Buena

Ensure that temperatures are mild and all chance of frost has passed before planting out, as Yerba Buena is a very hardy plant.

Harvesting Yerba Buena

Harvest when green. Steep leaves and stems in boiling hot water for tea. Older leaves seem to make better tea.

How long does Yerba Buena take to grow?

These estimates for how long Yerba Buena takes to sprout, grow and harvest are from real observations from real gardeners, right around the world.